

## About Bridge Linx

Bridge Linx Therapy Center is here to enable every child to maximize his/her true potential academically, socially and emotionally through individualized therapeutic services. Bridge Linx provides speech, occupational, physical and social/behavior therapies. Our professional and experienced staff of therapists provide an individualized treatment plan with specific goals for each client. Therapies are provided in our beautiful state of the art therapy rooms.

Children with specific delays or weaknesses should receive therapy targeting their specific needs. Therapies should be provided as early as possible in order to achieve maximum results.

Following is a list of skills to look out for in each area to help guide you in determining which children would benefit from an evaluation in a specific therapy.



MR. AND MRS. ALFRED J. SUTTON | MR. AND MRS. MORRIS J. SUTTON



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## State of the art Therapy Center

**Helping the children in our community maximize their potential.**

**Offering Speech, Occupational, Physical Therapy and Social/Behavior Therapy**

1001 Deal Rd.  
Ocean, NJ 07712  
Phone: 732-460-1700

## Speech/Language

- Child has difficulty labeling or naming objects.
- Child has difficulty expressing wants, needs and thoughts.
- Child has trouble being understood by others.
- Child has trouble with associations.
- Child has difficulty answering questions.
- Child has trouble following directions
- Child does not participate in simple group activities.
- Child has difficulty with phonics
- Child has difficulty in social situations.

## Occupational Therapy

- Child holds marker/crayon with a fist or all fingers
- Child “rakes” objects instead of using refined pincer grasp to pick objects up.
- Child trips or falls often over changes in surfaces
- Child has difficulty regulating his emotions and behaviors
- Child is overly sensitive to loud noise, movement, touch and sights
- Child seems under responsive to sensations from environment, misses environmental stimuli
- Child sits in “W” position, slouches and has hard time keeping upright posture
- Delays in self-help skills such as dressing, self - feeding and toileting.

## Physical Therapy

- Clumsy, trips/falls a lot
- Difficulty keeping up in the playground
- Moves in an awkward, uncoordinated manner
- Walking later than 18 months
- Negotiating stairs with 2 feet on each step later than 2 years old
- Difficulty getting up from the floor (using hands to push up from thighs or floor)
- Tight or loose muscles
- Poor sitting posture (looks like the letter C or W when sitting)
- Poor endurance (Can’t keep up with peers, gets out of breath easily...)
- Toe walking after 2 years old
- Loss of motor skills